

# Taste Test #3

## "Go Fish" Activity

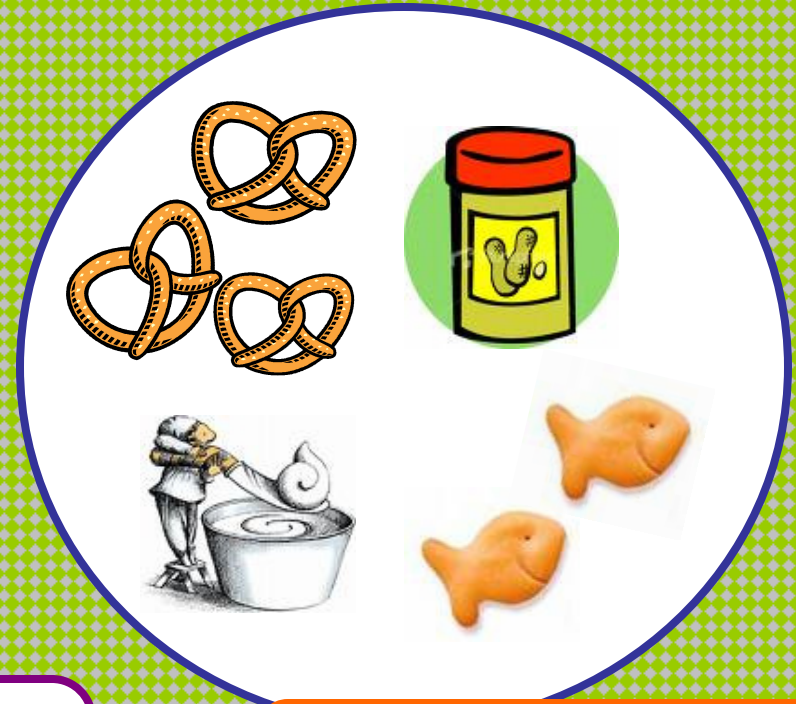
1. Invite the children to the table for snack. Explain that they will be fishing today!
2. Mix a few drops of blue food coloring in with the cream cheese and mix until color is well blended. Spoon a little bit of cream cheese (bait) mixture on each child's plate.
3. Spoon a little bait (peanut butter) on each child's plate.  
\*note - please take caution if any child has peanut allergies.
4. Place small fish shaped crackers on a blue napkin which simulates fish in water. (a blue bowl or a piece of blue paper would work, too.)
5. Have the children dip the pretzel sticks in the bait (peanut butter or cream cheese dips) and then have the children "catch a fish" (fish crackers) on the end of the dipped pretzel.

**In Advance:**  
Mix the cream cheese with the blue food coloring. Set the table with the blue napkins and other novelty fishing items.

### Materials:

Pretzel Rods  
Peanut Butter  
Cream Cheese  
Blue Food Coloring  
Small Fish Shaped Crackers  
Blue napkins  
Paper plates

**Objective:**  
Children will develop fine-motor skills and develop strong imagination skills. The children will love to go fishing and eat their catch.



### Remember:

Not all children are adventurous eaters and some may be reluctant to try new foods or mix foods together. Though it is important to expose children to different healthy foods, don't push them.